

Position Title: Maintenance Worker

Hours: 20hrs/week

Physical Requirements

In a workday, employee is required to: (check box)

		Number of Hours:							
		1	2	3	4	5	6	7	8
A.	Sit	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B.	Stand	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C.	Walk	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
D.	Drive		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

In a workday day Employee must:		Not at all	Occasionally 1- 33%	Frequently 34 - 66%	Continuously 67 - 100%
A.	Bend / Stoop	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
B.	Squat / Crouch	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
C.	Crawl	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
D.	Climb	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E.	Reach above shoulder level	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
F.	Kneel	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
G.	Push / Pull	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

In a workday Employee must <u>lift</u> :		Not at all	Occasionally 1- 33%	Frequently 34 - 66%	Continuously 67 - 100%
A.	Up to 10 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
B.	11-20 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
C.	21 - 50 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
D.	51 - 100 lbs.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E.	Over 100 lbs.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

On the job, employee uses hand for <u>repetitive</u> actions such as:		Grasping	Grasping & Turning	Fine Manipulation
A.	Right:	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
B.	Left	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

On the job, employee uses feet for repetitive movements such as foot controls:

Right: Yes No Left: Yes Both: Yes No

Job Requirements:		Yes	No	
A.	Inside work	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Part-Time
B.	Outside work	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Part-Time
C.	Working on Heights	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
D.	Being around moving machinery	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
E.	Driving automatic equipment	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
F.	Exposure to dust, fumes, gasses, refrigeration	<input checked="" type="checkbox"/>	<input type="checkbox"/>	